

Foundation Level Manual Handling Training Course

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We provide client handling courses that are designed specifically for the workplace service provider be it residential, nursing or home based.

Aimed at: Support staff whose main role is the handling of people

Client Handling course content:

- Predisposing factors of musculoskeletal injuries
- Postural awareness and static loading
- Spinal awareness
- Principles of safer handling
- Legislation
- Risk assessment
- Unsafe practice
- Practical client handling techniques
- Hoist training
- Team handling

Outcome: Participants will gain a basic knowledge of the theory relating to manual handling, an awareness of the risks and how to minimise them and acquire the practical skills to perform handling techniques safely.

Duration: 6 Hours

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