## Two hours of FREE Training that could Save a life.....

Course Title

Infant and Child

**Resuscitation Training** 

Course Length

2 Hours (19:00 - 21:00)

Course Content

Unconsciousness

The recovery position

Resuscitation

Choking

**Dates** 

22<sup>nd</sup> January 2019

23<sup>rd</sup> April 2019 9<sup>th</sup> July 2019

8<sup>th</sup> October 2019

Cost

Free of charge\*

Who should attend?

Mums, dads, carers, grandparents, next door neighbours or anyone else wanting to learn or refresh

these skills

\*Acorn Health and Safety Ltd run these sessions approximately four times a Year, it's one of the ways we give a little back to the local community.

